

THE
COMEBACK
CLUB

Name: _____

Year: _____ Quarter: _____

moments of success

1 What are some thoughts, changes, or habits that you want to remember from this season?

2 Reflect on the progress you have made for your goals in the past three months. List your accomplishments, even the smallest ones.

3 Dive deeper into one of your accomplishments this quarter. What made you feel successful in those moments?

4 What is an accomplishment you thought you would've reached by now, but haven't?

5 What would make you feel successful during, at the end of, the last quarter of the year?